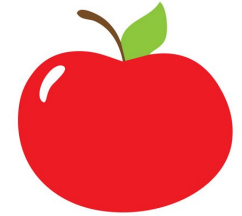


























September 2017 Alexandria



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><i>Theme of the month is "apples"</i></p>	<p>We will have Music & Memory every morning at 9:30 and it is also available on request</p> <p>Forget-me-not programs are for residents with dementia</p>	<p>Physio Mon-Fri Exercise Classes Mon-Fri Walking Program Mon-Fri 9:15</p> <p>Tender Moments available on request</p>			<p>1 Blackboard Quiz on math</p> <p>9:30 Skype 9:45 Balls & Balance & Popcorn Game 10:00 Handing out new calendars and room visits 1:30</p>	<p>2</p> <p>10:00 Beauty Spa 1:30 Making Preserves 2:30 Afternoon Tea</p>
<p>3</p> <p>9:30 Communion 10:00 Beauty Spa 1:30 Movie 2:30 Snack and Chat 3:00 1 on 1 visits</p>	<p>4</p> <p>10:45 Rosary 11:00 Laundry Day 1:30 Bingo 2:30 Snack & Chat 3:00 1 on 1 visits</p>	<p>5</p> <p>9:30 Skype 10:00 Resident Council Meeting 1:30 News & Views 2:45 Social Tea 3:30 Music Program 6:00 Tai chi & then Montessori</p>	<p>6</p> <p>10:00 Knitting 10:00 Outing to Pick Apples 10:30 Rosary 1:30 Bingo 3:30 1-on-1 Visits 6:00 Bruno Entertains</p> 	<p>7</p> <p>9:30 Skype 10:00 Balloon Toss 3rd flr 10:00 Computer Corner 10:30 Church Service 2:00 Back to School 4:00 Pancake Supper</p> 	<p>8</p> <p>Blackboard Quiz on French</p> <p>9:30 Skype 9:45 Balls & Balance & Popcorn Game 11:30 BBQ 1:30 Making Apple Pies 2:45 Afternoon Tea</p> 	<p>9</p> <p>10:30-4:00 Outing to St Albert's Cheese Factory</p> 
<p>10</p> <p>10:00 Church on T.V 2nd Flr 10:30 Puzzle Club 11:00 Knitting 11:30 Music on 3rd 3:00 Music & Memory 3:30 Forget-me-not Art 6:00 Forget-me-not Bingo</p> 	<p>11</p> <p>10:45 Rosary 11:00 Laundry Day 1:30 Bingo 2:30 Snack & Chat 3:00 1 on 1 visits</p>	<p>12</p> <p>9:30 Skype 10:00 Balloon Toss 10:30 Mass 1:30 Discussion Group 3:00 Music Program 3 flr 6:00 Pub Night with Robbie</p>  	<p>13</p> <p>10:00 Knitting 10:30 Rosary 10:30 Pet therapy with Les 1:30 Fish Fry 6:00 Peter Kolada Entertains</p>  	<p>14</p> <p>9:30 Skype 10:00 Balloon Toss 3rd flr 10:00 Aromatherapy & Music & Memory 1:30 Bingo 3:30 Sing-along with Suzie -Q 6:00 Montessori Reading</p> 	<p>15</p> <p>Blackboard Quiz on Science</p> <p>9:30 Skype 9:45 Balls & Balance & Popcorn Game 1:30 Crafts with Apples 2:30 Afternoon Tea</p> 	<p>16</p> <p>10:00 Beauty Spa 10:00 Music & Memory 2:00 Theresa Bernier Entertains 2:30 1-on-1 Visits</p> 
<p>17</p> <p>9:30 Communion 10:00 Beauty Spa 2:30 Birthday Party 3:00 1 on 1 visits</p> 	<p>18</p> <p>10:45 Rosary 11:00 Laundry Day 1:30 Bingo 2:30 Snack & Chat 3:00 1 on 1 visits</p>	<p>19</p> <p>9:30 Skype 10:00 Balloon Toss 10:30 1 on 1 visits 1:30 News & Views 3:00 Music Program 3rd flr 3:30 Pet Therapy with Annie 6:00 Tai Chi & then Montessori</p> 	<p>20</p> <p>10:00 Knitting 10:30 Rosary 1:30 Men's Club 2:00 Family Feud 6:00 Gerard Cote & Friends Entertain</p> 	<p>21</p> <p>9:30 Skype 10:00 Balloon Toss 3rd flr 10:00 Computer Corner 10:30 Church Service 1:30 Bingo 4:00 Forget-me-not Supper</p> 	<p>22 <i>First Day of Fall</i></p> <p>Blackboard Quiz on English</p> <p>9:30 Skype 10-1:30 Outing to Rigaud 2:00 James Nixon Entertains 2:30 1-on-1 Visits</p> 	<p>23</p> <p>10:00 Beauty Spa 10:30 Pet Therapy with Anne Marie 1:30 Baking Apple Muffins 2:30 Pause Café sur les Pommes</p> 
<p>24</p> <p>10:00 Church on T.V 2nd Flr 10:30 Puzzle Club 11:00 Knitting 11:30 Music on 3rd 3:00 Music & Memory 3:30 Forget-me-not Art 6:00 Montessori Activity</p> 	<p>25</p> <p>10:45 Rosary 11:00 Laundry Day 1:30 Bingo 2:30 Snack & Chat 3:00 1 on 1 visits</p>	<p>26</p> <p>9:30 Skype 10:00 Balloon Toss 10:30 1 on 1 visits 1:30 News & Views 3:00 Music Program 3rd flr 3:30 Pet Therapy 6:00 Tai Chi & then Montessori</p> 	<p>27</p> <p>10:00 Knitting 10:30 Rosary 1:30 The Price is Right 2:30 Snack & Chat 6:00 Martin Savard Entertains</p> 	<p>28</p> <p>9:30 Skype 10:00 Balloon Toss 3rd flr 10:00 Aromatherapy & Music & Memory 1:30 Bingo 3:30 Sing-along with Suzie -Q 6:00 Montessori Reading</p> 	<p>29</p> <p>9:30 Skype 1:30 Making Apple Dollheads 2:30 Decorating Day 3:30 Reading with Rita</p>	<p>30</p> <p>10:00 Beauty Spa 1:30 Pathways Activity 3:00 Montessori Activities</p> 