

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2019

					<p>9:15 Skype 1 10:00 Balls & Balance 10:30 Popcorn Game 1:30 Sandbags 2:30 Social Break 4:00 Tender Moments</p>	<p>10:00 Beauty Spa 2 10:15 Fun to Colour 11:00 Computer Game 1:30 Therese Entertain 3:00 2-1 visits 4:00 Computer Corner 5:00 Forget me not Supper</p> <p style="text-align: right;"><small>Groundhog Day</small></p>
<p>3 9:30 Beauty Spa 9:45 Communion 1:30 Movie Matinee 3:30 Socializing</p>	<p>4Esthetician 10:30 Rosary 11:00 Helping Hands 1:30 Knitting 1:30 Bingo 3:00 1-1 Visits 3:30 Skype</p>	<p>5 10:00 Balloon Toss 11:00 ChloeAnn sing a long 1:30 Chinese New Year Horoscope  3:30 Music Therapy 4:30 Aroma Therapy 6:00 Rob & Neil Entertain <small>Chinese New Year</small></p>	<p>6 10:30 Rosary 11:00 Face Time 1:30 Discussion Group 2:30 Tea Time 3:30 Memoirs 6:00 Bruno Entertain </p>	<p>7 9:15 Skype 10:00 BalloonToss 10:30 Church Service 1:30 Bingo 2:30 Snack & Chat 3:00 2-1 Visits 5:00 Forget Me Not Supper</p>	<p>8 9:15 Skype 9:30 Cooking with Pat 10:00 Balls & Balance 10:30 Popcorn Game 1:30 Bowling 2:30 Social Break 4:00 Tender Moments</p>	<p>9 10:00 Whoga 11:00 Computer Game 1:30 Valentine's  Crafts 2:30 Tea Time 3:30 1-1 Visits</p>
<p>10 10:00 Church on TV 10:00 Music Therapy 11:30 Aroma Therapy 3:00 Music & Memory 3:30 Fun to Colour 6:00 Baking </p>	<p>1110:00 Resident Council Meeting 10:30 Rosary 11:00HelpingHands 1:30 Knitting 1:30 Bingo 3:00 1-1 Visits 3:30 Skype</p>	<p>12 10:00BalloonToss 10:30 Mass 11:00 ChloeAnn sing a long 1:30 News & Views 1:30 Pet Therapy with Danika 3:30 Bread Making 3rd 4:30 Aroma Therapy 6:00 Pub night with Robbie</p>	<p>1310:00 Daycare from Terre des Jeunes visits 10:30 Rosary 11:00 Face Time 1:30 Birthday Party  3:00 1-1 visits 4:30 Order out Supper</p>	<p>14 9:15 Skype 10:00BalloonToss 2:00 Valentine Couples Celebration  3:30 1-1 Visits 6:00 Sing a Long 7:00 Values for Life <small>Valentine's Day</small></p>	<p>15 9:15 Skype 10:00 Balls & Balance 10:30 Popcorn Game 1:30 Volleyball 2:30 Social Break 4:00 Tender Moments</p>	<p>16 10:00Beauty Spa 10:15 Fun to Colour 11:00 Computer Game 1:30 Bingo 3:00 2-1 visits 4:00 Computer Corner 5:00 Forget me not Supper</p>
<p>17 9:30 Beauty Spa 9:45 Communion 2:00 Home Group Ministry 3:30 Socializing</p>	<p>18 10:30 Rosary 11:00 Helping Hands 1:30 Knitting 1:30 Bingo 3:00 1-1 Visits 3:30 Skype <small>Presidents' Day (US)</small></p>	<p>19 10:00BalloonToss 11:00 ChloeAnn sing a long 1:30 You be the Judge 3:30 Pet Therapy with Annie 3:30 Writing for Fun 4:30 Aroma Therapy 6:00 Sandbags 7:00 Tai Chi Forget me not group</p>	<p>20 10:30 Rosary 11:00 Face Time 1:30 Men's Club 3:30 Fun to Colour 6:00 Gerald Cote & friends entertain </p>	<p>21 9:15 Skype 10:00BalloonToss 10:30 Church service 1:30 Bingo 2:30 Snack & Chat 3:30 2-1 Visits 5:00 Pancake Meal</p>	<p>22  9:15 Skype 10:00 Balls & Balance 10:30 Popcorn Game 1:30 Hawaiiin Cruise With Dave Entertaining 4:00 Tender Moments</p>	<p>23 10:00 Whoga 11:00 Computer Game 1:30 Pet Therapy with Danika  2:30 Tea Time 3:30 1-1 Visits</p>
<p>24 10:00 Church o TV 10:00Values for Life Ministry 3:00 Music & Memory 3:30 Fun to Colour 6:00 Montessori</p>	<p>25 1:30 Knitting 10:30 Rosary 11:00 Helping Hands 1:30 Knitting 1:30 Bingo 3:00 1-1 Visits 3:30 Skype</p>	<p>26 10:00BalloonToss 11:00 ChloeAnn sing a long 1:30 News & Views 3:30 Bread Making 2nd 4:30 Aroma Therapy 6:30 Bowling 7:00 Montessori</p>	<p>27 10:30 Rosary 11:00 Face Time 1:30 Painting with France 3:30 Computer Corner 4:30 1-1 Visits 5:45 Cards </p>	<p>28 9:15 Skype 10:00BalloonToss 1:30 Bingo 2:30 Snack & Chat 1:1 visits 3:30 Poetry Reading 6:00 Montessori</p>	<p>Music & Memory offered every morning Exercise & physiotherapy Mon-Fri</p> 	

Have a Happy February Month from the Alexandria Nursing Home