

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Skype or Facetime as arranged or by request Music & Memory offered everyday Physiotherapy Monday to Friday 1-1 Visits & TV Programs Daily Computer Games every Saturday	 1 10:30 Rosary 12:00 Parade 2:00 Canada Games <small>Canada Day</small>	2 10:00 Balloon Toss 1:30 Bingo 2:30 Snack & Chat 3:30 Creative Expressions 4:30 Quantum Touch 6:00 Bruno Entertains	3 10:30 Rosary 1:30 Physical Games 3:30 Baking 7:00 Music at the Grotto	4 10:00 Balloon Toss 10:30 Sit and Dance 1:30 Bingo 2:30 Social Break 3:30 My Wishes 6:00 Forget Me Not Tai Chi 7:00 Catalogue Shopping <small>Independence Day (US)</small>	5 10:00 Balls & Balance 10:30 Popcorn Game 10:00 to 2:00 Outing to Hawkesbury visiting les Serres Legault & Lunch 4:00 Tender Moments	6 9:30 Beauty Spa 10:15 Fun to Colour 1:30 Make your own Sundae 3:00 Strolls 5:00 Forget Me Not Supper	
9:30 Communion Service 9:30 Beauty Spa 1:30 Canada Trivia 3:00 2-1 Visits	7 Esthetician 10:30 Rosary 11:00 Helping Hands 1:30 Bingo 2:30 Snack & Chat 3:00 2-1 Visits	8 10:00 Balloon Toss 1:30 Shake up the Releive 3:00 Seraphin 3:30 Aroma Therapy 4:30 Music Therapy 6:00 Pub Night with Robbie	9 10:30 Spiritual Moments 1:30 Birthday Party with Germain & Louise 3:30 Memoirs 7:00 Music at the Grotto	10 10:00 Balloon Toss 10:30 Church Service 1:30 Bingo 2:30 Social Break 3:30 2-1 Visits 5:00 Forget Me Not Supper	11 12 10:00 Balls & Balance 10:30 Popcorn Game 11:30 BBQ 1:00 Petting Zoo with Danyca 2:30 Treat 4:00 Tender Moments	13 10:00 Whoga 1:30 Therese Enetertains 2:30 Snack & Chat 3:00 Gardening	
10:00 Mass on TV 11:00 Music Therapy 5:00 Order Out Supper # 1 6:30 Montessori	14 10:30 Rosary 11:00 Helping Hands 1:30 Bingo 2:30 Snack & Chat 3:00 2-1 Visits	15 10:00 Balloon Toss 1:30 Discussion Group 2:30 Tea Time 3:30 Pet Therapy with Annie 4:00 Creative Expressions 6:00 Gerald & Friends Entertain	16 10:30 Rosary 1:30 Physical Games 3:30 Crafts 7:00 Music at the Grotto	17 10:00 Balloon Toss 10:30 Activity Aging 1:30 Bingo 2:30 Social Break 3:30 Poetry Reading 4:00 Montessori 6:00 Singalong 7:00 Forget Me Not Tai Chi	18 19 10:00 to 2:00 Classic Car Show 10:00 Balls & Balance 10:30 Popcorn Game 11:30 BBQ 1:30 James Nixon Entertains 4:00 Tender Moments	20 9:30 Beauty Spa 10:15 Fun to Colour 1:30 Dave Entertains 3:00 Strolls 5:00 Forget Me Not Supper	
9:30 Communion Service 9:30 Beauty Spa 1:30 Summer Trivia 3:00 2-1 Visits Cecile Menard 100th Private Birthday Party	21 10:30 Rosary 11:00 Helping Hands 1:30 Bingo 2:30 Snack & Chat 3:00 2-1 Visits	22 10:00 Balloon Toss 1:30 Quenneville Girls Sing 3:30 Music Therapy 4:00 Spiritual Moment 6:00 Forget Me Not Bingo	23 10:30 Spiritual Moments 1:30 Arts with Ingrid 3rd floor 1:30 Physical Games 3:30 French Club 7:00 Music at the Grotto	24 10:00 Balloon Toss 10:30 Church Service 1:30 Bingo 2:30 Social Break 3:30 2-1 Visits 5:00 Forget Me Not Supper	25 26 10:00 Balls & Balance 10:30 Popcorn Game 11:30 BBQ 1:30 Small outing to Dairy Queen 4:00 Tender Moments	27 10:00 Whoga 1:30 Pause-Café 3:00 Gardening Catherine's Living Dream 4-7	
10:00 Mass on TV 11:00 Music Therapy 3:30 Outside Patio Time 6:00 Montessori	28 10:30 Rosary 11:00 Helping Hands 1:30 Bingo 2:30 Snack & Chat 3:00 2-1 Visits	29 10:00 Balloon Toss 1:30 Berry Picking Talk 3:30 Montessori 4:30 Aroma Therapy 6:00 Peter Kolada Entertains	30 10:30 Rosary 1:30 Physical Games 5:00 Order Out Supper # 2 7:00 Music at the Grotto				31