



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>1</b></p> <p>10:30 Beauty Spa</p> <p>1:30 New Year's Reminiscing &amp; Bubble fortunes</p> <p><small>New Year's Day</small></p>	<p><b>2</b></p> <p>11:00 Strolls off the floor</p> <p>1:30 Bingo on 3<sup>rd</sup></p>	<p><b>3</b></p> <p>10:30 Rosary on 3<sup>rd</sup></p> <p>1:30 January Trivia</p> <p>3:30 Dog Visits with Annie</p>	<p><b>4</b></p> <p>11:00 Tender Moments</p> <p><b>1:30 Bingo with Bill &amp; Jay 2<sup>nd</sup></b></p> <p>3:30 Order out Night</p> <p>4:00 Massage/Reiki</p>	<p><b>5</b></p> <p>11:00 Tender Moments</p> <p>1:30 Bingo 2<sup>nd</sup></p> <p>6:00 – Coloring 3<sup>rd</sup> floor</p>	<p><b>6</b></p> <p>10:00 Rosary on 2<sup>nd</sup></p> <p>1:30 The Price is Right</p>	<p><b>7</b></p> <p>9:30 Bread making on 3<sup>rd</sup></p> <p>10:00 Aroma Therapy</p> <p>1:30 Afternoon tea</p>
<p><b>8</b></p> <p><b>9:00 Communion with Jackie F.</b></p> <p>10:00 Church service on T.V.</p> <p>1:30 Sand bags</p>	<p><b>9</b></p> <p>11:00 Stroll off the floor</p> <p>1:30 Bingo on 3<sup>rd</sup></p>	<p><b>10</b></p> <p>10:30 Rosary on 3<sup>rd</sup></p> <p><b>1:30 Entertainment with Quenneville Sisters</b></p>	<p><b>11</b></p> <p>11:00 Tender Moments</p> <p><b>1:30 Bingo with Bill &amp; Jay 3<sup>rd</sup></b></p> <p>2:00 Hilarious headlines</p> <p>3:30 Order out night</p> <p>4:00 Massage/Reiki</p>	<p><b>12</b></p> <p><b>10:30 Protestant Service</b></p> <p>11:00 Tender moments</p> <p>1:30 Bingo 2<sup>nd</sup></p> <p>2:00 Sing Along</p> <p>3:00 Coloring 2<sup>nd</sup> floor</p> <p>5:00 Supper buddy</p>	<p><b>13</b></p> <p>10:00 Rosary on 2<sup>nd</sup></p> <p>11:00 Drumming Circle</p> <p>1:30 Pause-Café</p>	<p><b>14</b></p> <p>10:30 Beauty Spa</p> <p>1:30 Feel it out!</p> <p><b>2:00 Entertainment with Dave Jeffery</b></p>
<p><b>15</b></p> <p>10:30 Beauty Spa</p> <p>1:30 Down on the farm</p>	<p><b>16</b></p> <p>10:30 Card Games</p> <p>11:00 Strolls off the floor</p> <p>1:30 Bingo on 3<sup>rd</sup></p> <p>2:00 Montessori</p> <p>4:00 Make your own pizza</p> <p><small>Martin Luther King Jr. Day</small></p>	<p><b>17</b></p> <p>10:30 Rosary on 3<sup>rd</sup></p> <p>1:30 News and Views</p>	<p><b>18</b></p> <p>1:00 Spiritual moments</p> <p><b>1:30 Bingo with Bill &amp; Jay 2<sup>nd</sup></b></p> <p>2:00 Are you a Rabbit??</p> <p><b>6:00 Gerald &amp; Friends</b></p>	<p><b>19</b></p> <p>11:00 Tender moments</p> <p>1:30 Bingo on 2<sup>nd</sup></p> <p>2:00 Crafts</p> <p>5:00 Supper buddy</p> <p>6:00 Just for laughs on TV</p>	<p><b>20</b></p> <p>10:00 Rosary on 2<sup>nd</sup></p> <p>1:30 Bowling</p>	<p><b>21</b></p> <p>10:30 Cards &amp; Board games</p> <p>1:30 Horse racing on 2<sup>nd</sup></p>
<p><b>22</b></p> <p>10:00 Church on TV</p> <p>12:00 Chinese food in Activity Room</p> <p>1:30 Movie time</p> <p><small>Chinese New Year (Year of the Rabbit)</small></p>	<p><b>23</b></p> <p>11:00 Strolls off the floor</p> <p>1:30 Bingo on 3<sup>rd</sup></p> <p><small>Activity Professionals Day</small></p>	<p><b>24</b></p> <p>10:30 Rosary on 3<sup>rd</sup></p> <p>1:30 Guess the Word! "Rhymes with Snow"</p>	<p><b>25</b></p> <p>11:00 Spiritual moments</p> <p>1:30 "Let's go to Scotland!" (Robbie Burns Day)</p> <p><b>6:00 Happy Hour with Robbie</b></p>	<p><b>26</b></p> <p><b>10:30 Protestant service</b></p> <p>1:30 Bingo on 2<sup>nd</sup> with Snack &amp; Chat</p> <p>5:00 Supper buddy</p> <p>6:00 Let's Dance</p> <p><small>Australia Day (observed)</small></p>	<p><b>27</b></p> <p>10:00 Board Games</p> <p><b>10:30 Mass with Father Didi</b></p> <p>1:30 Volley Ball</p>	<p><b>28</b></p> <p>10:30 Beauty Spa</p> <p>1:30 Bowling</p>
<p><b>29</b></p> <p>10:30 Beauty Spa</p> <p>1:30 Tie-dyed tissue paper</p>	<p><b>30</b></p> <p>10:30 Card Games</p> <p>11:00 Strolls off the floor</p> <p>1:30 Bingo on 3<sup>rd</sup></p> <p>2:00 Montessori</p> <p>4:00 Make your own pizza</p>	<p><b>31</b></p> <p>10:30 Rosary on 3<sup>rd</sup></p> <p>1:30 Arts &amp; Crafts</p>	<p><b>January 2023</b></p> <p>Music &amp; memory every morning – Exercise &amp; Walking Programs Monday to Friday</p> <p>One-one Visits on a daily basis – Skype/Face Time offered Daily</p>			