










# October 2023

## The Palace Long-Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00 Daily Chronicle 9:00 Music and Memory 9:00 Communion with Nicole 9:30 Watching Television 10:00 Church Service on TV 2:00 Horse Races</p> <p><b>1</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:45 Strolls off the floor 2:00 Bingo</p> <p><b>2</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Rosary Reading (3rd) 2:00 Thanksgiving Hangman</p> <p><b>3</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 11:00 Massage/Reiki 1:30 French Club 2:00 Games "Yes, I have..." 4:00 Meaningful Work 5:00 Order Out Night</p> <p><b>4</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Protestant Service 11:00 Tender Moments 2:00 Bingo 3:00 Snack &amp; Chat 5:00 Supper Buddy 6:00 Story Telling</p> <p><b>5</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:00 Rosary Reading (2nd) 10:30 crazy 8 game 1:30 Baking Pumpkin Pies 4:00 Colouring</p> <p><b>6</b></p> 	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Watching Television 10:00 Beauty Spa 2:00 Sandbags</p> <p><b>7</b></p>
<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Watching Television 10:00 Church Service on TV 2:00 Discussion Group "Thankful for..."</p> <p><b>8</b></p>	<p>Thanksgiving</p> <p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:45 Strolls off the floor 1:30 Thanksgiving Bingo 2:00 Bingo</p>  <p><b>9</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Rosary Reading (3rd) 2:00 Entertainment with Quenneville Sisters</p> <p><b>10</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:00 Whoga 11:00 Massage/Reiki 1:30 French Club 2:00 History of Jack-O-Lantern 3:00 Meaningful Work</p> <p><b>11</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Reminiscing 11:00 Forget Me Not bingo 2:00 Bingo 3:00 Snack &amp; Chat 4:00 Story Telling 5:00 Supper Buddy 6:00 Halloween Colouring</p> <p><b>12</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:00 Rosary Reading (2nd) 2:00 Witches Game</p>  <p><b>13</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Watching Television 10:00 Beauty Spa 2:00 Candy Corn Toss</p>  <p><b>14</b></p>
<p>8:00 Daily Chronicle 9:00 Music and Memory 9:00 Communion with Rosemary 9:30 Watching Television 10:00 Church Service on TV 10:30 Beauty Spa 2:00 Pumpkin Art</p>  <p><b>15</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Board Games 10:30 Resident Council Mtg 10:45 Strolls off the floor 2:00 Bingo 5:00 Homemade Pizza</p> <p><b>16</b></p>	<p>National Pasta Day</p> <p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Rosary Reading (3rd) 12:00 Special Pasta Party Lunch 2:00 Making Ghoulish Tassels</p> <p><b>17</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 11:00 Massage/Reiki 1:30 French Club 2:00 Remembering Pumpkin &amp; Apple Picking 3:30 Hallowe'en Deco 6:00 Gerald &amp; Friends</p> <p><b>18</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Protestant Service 2:00 Bingo 3:00 Snack &amp; Chat 5:00 Supper Buddy 6:00 Singalong "long"</p> <p><b>19</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:00 Rosary Reading (2nd) 2:00 Halloween Scary Stories</p> <p><b>20</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Watching Television 10:00 Baking Apple Crisp 2:00 Afternoon Tea</p> <p><b>21</b></p>
<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Watching Television 10:00 Church Service on TV 2:00 Halloween Movie with Treats</p> <p><b>22</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:45 Strolls off the floor 2:00 Bingo</p> <p><b>23</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Rosary Reading (3rd) 2:00 News &amp; Views</p> <p><b>24</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:00 Singalong with Chloe Ann 2:00 October Trivia</p> <p><b>25</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Reminiscing 11:00 Tender Moments 2:00 Bingo 3:00 Snack &amp; Chat 5:00 Supper Buddy 6:00 Singalong "long"</p> <p><b>26</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:00 Rosary Reading (2nd) 2:00 Witches &amp; Wizards Bowling</p>  <p><b>27</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Watching Television 11:00 Outing: Lunch &amp; Movies</p> <p><b>28</b></p>
<p>8:00 Daily Chronicle 9:00 Music and Memory 9:00 Communion with Jackie F 9:30 Watching Television 10:00 Church Service on TV 2:00 Mind &amp; Body Exercise</p> <p><b>29</b></p>	<p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:45 Strolls off the floor 1:30 Halloween Bingo! 2:00 Bingo</p>  <p><b>30</b></p>	<p>Halloween</p> <p>8:00 Daily Chronicle 9:00 Music and Memory 9:30 Walk &amp; Talk 9:30 Watching Television 10:30 Rosary Reading (3rd) 2:00 Halloween Party with Dave!</p> <p><b>31</b></p>	