









January 2025

The Palace Long-Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>The Daily Chronicle Daily</i> <i>One on One Visits Daily</i> <i>Music & Memory Daily</i> <i>Walk & Talk Daily</i> <i>Face Time/Skype on Request</i></p>			<p>10:00 Spiritual Moments 1 11:00 Tender Moment 2:00 Red Hat Society Tea 2:00 Coloring 3:30 Care for Sundowning/Balloon Toss 6:00 Board Game</p>	<p>10:30 Reminiscing 2 11:00 Hand Massage 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget me not Games 5:00 Supper Buddy 6:00 Board games</p>	<p>10:00 Forget Me Not Bingo 3 10:00 Rosary Reading - French 10:30 Pause-Café 2:00 Pet Therapy with Danika 4:00 Computer Games</p>	<p>10:00 Mind and Body Exercise 4 2:00 Movie Matinée</p> 
<p>9:00 Communion 5 10:00 Church Service on TV 10:00 Balloon Toss 2:00 Tea Party</p>	<p>10:45 Strolls off the floor 6 2:00 Bingo</p> 	<p>10:30 Rosary Reading - English 7 2:00 Beers and Tattoos</p>	<p>10:00 Spiritual Moments 8 10:00 Resident Council Meeting 11:00 Tender Moment 2:00 Arm Chair Travel to Russia 2:00 Baking 3:30 Care for Sundowning/Balloon Toss 6:00 Hot Potato Game</p>	<p>10:30 Protestant Service 9 11:00 Hand Massage 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget me not Games 5:00 Order out night</p>	<p>10:00 Montessori Stations 10 10:00 Rosary Reading -French 10:30 Pause-Café 2:00 Entertainment with Len! 4:00 Computer Games</p>	<p>10:00 Beauty Spa 11 10:30 Whoga 2:00 Making Snowmen 2:00 My Wishes 4:00 Care for Sundowning/Sing Along</p>
<p>10:00 Church Service on TV 12 10:00 Beauty Spa 2:00 Hymn Singalong</p>	<p>10:30 Mass with Deacon John 13 10:45 Strolls off the floor 2:00 Bingo 4:00 Care for Sundowning/Sing Along 5:00 Supper Buddy</p>	<p>10:30 Rosary Reading - English 14 2:00 Entertainment with Quenneville Sisters</p>	<p>10:00 Spiritual Moments 15 10:00 Whoga with ChloeAnn 11:00 Tender Moment 2:00 Birthday Party with Gerald 3:30 Care for Sundowning/Balloon Toss 6:00 Tai Chi</p>	<p>10:30 Reminiscing 16 11:00 Hand Massage 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget me not Games 5:00 Supper Buddy 6:00 Singalong</p>	<p>10:00 Forget Me Not Bingo 17 10:00 Rosary Reading -French 10:30 Pause-Café 2:00 Volley Ball 4:00 Computer Games</p>	<p>10:00 Balloon Toss 18 2:00 French Fries at the Activity Café</p> 
<p>9:00 Communion 19 10:00 Church Service on TV 2:00 Sandbags</p> 	<p>10:45 Strolls off the floor 20 2:00 Bingo</p>	<p>10:30 Rosary Reading - English 21 2:00 Shake up the Relatives</p> 	<p>10:00 Spiritual Moments 22 11:00 Tender Moment 2:00 Volleyball 3:30 Care for Sundowning/Balloon Toss 6:00 Popcorn Ball Game</p>	<p>10:30 Protestant Service 23 11:00 Hand Massage 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget me not Games 5:00 Order out night</p>	<p>10:00 Montessori Stations 24 10:00 Rosary Reading -French 10:30 Pause-Café 2:00 Bowling 4:00 Computer Games</p>	<p>10:00 Beauty Spa 25 10:30 Whoga 2:00 Chinese New Year Discussion 2:00 Restoration & Renovating 4:00 Care for Sundowning/Sing Along</p>
<p>9:00 Communion 26 10:00 Church Service on TV 10:00 Beauty Spa 2:00 Winter Hangman</p>	<p>10:45 Strolls off the floor 27 2:00 Bingo 4:00 Care for Sundowning/Sing Along 5:00 Supper Buddy</p>	<p>10:30 Rosary Reading - English 28 2:00 Chinese New Year Horoscopes</p>	<p>10:00 Spiritual Moments 29 10:00 Singalong with Chloeann 11:00 Tender Moment 2:00 Happy Hour with Robbie 2:00 Arts & Crafts 3:30 Care for Sundowning/Balloon Toss 6:00 Storytelling</p>	<p>10:30 Reminiscing 30 11:00 Hand Massage 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget me not Games 6:00 Reading Circle</p>	<p>10:00 Forget Me Not Bingo 31 10:30 Mass with Father Didi 10:30 Pause-Café 2:00 The Price is Right 4:00 Computer Games</p>	