






March 2025

The Palace Long-Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
		<p>The Daily Chronicle Daily One on One Visits Daily Music & Memory Daily Walk & Talk Monday-Tuesday-Wednesday</p>					10:30 Mind and Body Exercise 1 2:00 Irish Music sing along and Pub
9:00 Communion 2 10:00 Church Service on TV 10:30 Balloon toss 2:00 Lets get talking	10:45 Strolls off the Floor 3 2:00 Bingo 	10:30 Bible Study Group 4 2:00 Snacking on Pancakes  <p>Pancake Tuesday</p>	10:00 Resident Council 5 10:30 Way of the Cross 11:00 Tender Moment 2:00 Time to Decorate 3:30 Care for Sundowning	10:00 Strolls of the Floor 6 10:30 Protestant Service 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget Me Not Games 3:30 Order Out Night	10:00 Rosary Reading -French 7 12:00 Dîner Cabane à Sucre 1:00 Chansons à Répondre 4:00 Computer Games 	Happy Women's Day! 8 10:00 Women's Day Beauty Style 2:00 Women's Day Fun Trivia <p>International Women's Day</p>	
10:00 Church Service on TV 9 10:00 Beauty Spa 2:00 Sing a long with the Oldies	10:30 Mass with Deacon John 10 10:45 Strolls off the Floor 2:00 Bingo 2:00 Baking 4:00 Care for Sundowning 5:00 Supper Buddy	10:30 Bible Study Group 11 2:00 Entertainment with Quenneville Sisters	10:30 Way of the Cross 12 11:00 Tender Moment 2:00 When Irish Eyes are Smiling 3:30 Care for Sundowning	10:30 Reminiscing 13 10:30 Strolls of floor 2:00 Bingo with Bill & Jay	10:00 Rosary Reading - French 14 10:00 Forget Me Not Bingo 10:30 Pause-Café 11:30 Irish Stew at the Activity cafe 2:00 Entertainment with Len	10:30 Mind and Body Exercise 15 2:00 Sandbags	
9:00 Communion 16 10:00 Church Service on TV 2:00 Lucky Charms Game	10:45 Strolls off the Floor 17 2:00 St- Patrick's Day Bingo  <p>St-Patrick's Day</p>	10:30 Bible Study Group 18 2:00 Irish Horse Races 	10:30 Way of the Cross 19 11:00 Tender Moment 2:00 Birthday Party with Gerald 3:30 Care for Sundowning 	10:30 Protestant Service 20 10:30 Strolls of Floor 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget Me Not Games <p>First Day of Spring</p>	10:00 Rosary Reading - French 21 10:00 Montessori Stations 10:30 Pause-Café 2:00 Horse Races 4:00 Computer Games	10:00 Beauty Spa 22 10:30 Whoga 2:00 Parachute Games 4:00 Care for Sundowning	
9:00 Communion 23 10:00 Church Service on TV 10:00 Beauty Spa 2:00 Chicken Soup for the Soul	10:45 Strolls off the Floor 24 2:00 Bingo 4:00 Care for Sundowning	10:30 Bible Study Group 25 2:00 March Hangman 	10:30 Way of the Cross 26 11:00 Tender Moment 2:00 Happy Hour with Robbie 3:30 Care for Sundowning	10:30 Reminiscing 27 10:30 Beauty Spa 2:00 Meaningful Work 2:00 Bingo with Bill & Jay 2:00 Forget Me Not Games 4:30 Order Out Night 	10:00 Rosary Reading -French 28 10:00 Forget Me Not Bingo 10:30 Mass with Father Didi 10:30 Pause-Café 2:00 Pet Therapy with Danika 4:00 Computer Games	10:30 Bread Making 29 2:00 Afternoon Tea 	
9:00 Communion 30 10:00 Church Service on TV 2:00 Movie Matinee	10:00 Children's Visits 31 10:45 Strolls off the Floor 2:00 Bingo						