






















# July 2025

## The Palace Long-Term Care



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		12:00 Canada Day Parade <b>1</b> 2:00 Arm Chair Travel to Canada  <b>Happy Canada Day!</b>	10:00 Whoga with Chloe Ann <b>2</b> 10:00 Resident Council Meeting 2:00 Meaningful Work 3:30 Care for Sundowning 7:00 Concert at the Grotto - Fridge Full of Empties	10:00 Gardening <b>3</b> 11:00 Patio time 2:00 Bingo 2:00 Meaningful Work 4:00 Balloon Toss 5:00 Meal Buddy 6:00 Story Telling/ reading letters/cards	10:00 Rosary Reading - French <b>4</b> 10:30 Pause-Café 12:00 BBQ Time with Bill & Jay 2:00 Outing Genesis Kitchen 4:00 Tender Moments	10:00 Outdoors Strolls <b>5</b> 2:00 Bubble fun and Summer discussion 
9:00 Communion <b>6</b> 10:00 Church Service on TV 10:00 Patio time 2:00 Matinee (Shirley Temple Heidi)	10:45 Strolls off the Floor <b>7</b> 2:00 Bingo  <b>World Chocolate Day</b>	10:30 Bible Study Group <b>8</b> 2:00 Entertainment with Quenneville Sisters 	10:00 Spiritual Moments <b>9</b> 2:00 Bocce Ball 3:30 Care for Sundowning 7:00 Concert at the Grotto - Hestiaa	10:30 Protestant Service <b>10</b> 11:00 Outdoor Strolls 2:00 Bingo 2:00 Sing Along 3:30 Order Out Night 6:00 Tender Moments	10:00 Rosary Reading - French <b>11</b> 10:30 Outing for lunch at Blue Anchor 3:30 Patio Time 	10:00 Beauty Spa <b>12</b> 10:30 Whoga 2:00 Making Suncatchers 4:00 Care for Sundowning
10:00 Church Service on TV <b>13</b> 10:00 Beauty Spa 2:00 Have You Ever!	10:30 Mass with Deacon John <b>14</b> 10:30 Helping Hands 10:45 Strolls off the Floor 2:00 Bingo 2:00 Coloring 3:30 Lecture Française	10:30 Bible Study Group <b>15</b> 2:00 Dancing with Scarves	10:00 Spiritual Moments <b>16</b> 10:00 Sing along with Chloe Ann 2:00 Bowling 3:30 Care for Sundowning 6:30 Concert at the Grotto - Quigley Pipe Band & The Ceilidh Drovers	6:00 Patio Time-short <b>17</b> 10:00 Gardening 10:30 Reminiscing 11:00 Tender Moments 2:00 Bingo 2:00 Meaningful Work 6:00 Patio time	10:00 Rosary Reading - French <b>18</b> 10:30 Pause-Café 12:00 BBQ Time 2:00 Birthday Party with Len 	10:30 Mind and body exercise <b>19</b> 2:00 Sand Bags
9:00 Communion <b>20</b> 10:00 Church Service on TV 2:00 Milk Shakes  <b>National Ice Cream Day</b>	10:45 Strolls off the Floor <b>21</b> 2:00 Bingo 	10:30 Bible Study Group <b>22</b> 2:00 News and Views	10:00 Spiritual Moments <b>23</b> 2:00 VolleyBall 3:30 Care for Sundowning 7:00 Concert at the Grotto - Glengarry Gold	10:30 Protestant Service <b>24</b> 11:00 Beauty Spa 2:00 Bingo 2:00 Sing Along 3:30 Order out night	10:00 Rosary Reading -French <b>25</b> 10:00 Montessori Stations 10:30 Pause-Café 10:30 Mass with Father Didier 12:00 Resident Council Family BBQ 2:00 Happy Hour with Robbie 4:00 Patio time	10:30 Whoga <b>26</b> 2:00 Craft Corner 4:00 Care for Sundowning 
9:00 Communion <b>27</b> 10:00 Church Service on TV 10:00 Beauty Spa 2:00 Sing along	10:00 Children's Visits <b>28</b> 10:30 Helping Hands 10:45 Strolls off the Floor 2:00 Bingo 2:00 Coloring 3:30 Lecture Française	10:30 Bible Study Group <b>29</b> 2:00 Board Games  <b>International Friendship Day</b>	10:00 Spiritual Moments <b>30</b> 2:00 Outdoor Games 3:30 Care for Sundowning 7:00 Concert at the Grotto - The County Lads	10:00 Gardening <b>31</b> 11:00 Tender Moments 2:00 Bingo 5:00 Supper Buddy 6:00 Music on Patio	<b>Locations Legend</b> <div>  Patio   Lounge (2nd)   All location   Dining Room (2nd)   Lobby (1st)   Activity Room           </div> <div>  Room   Dining Room (3rd)   Community   Beauty Salon   Hallway           </div>	